

Lesson number four : Snow sports

Snow and ice during the winter time has led to other means of transportation, such as sledges, skis and skates. This also led to different pastimes and sports being developed in the winter season as compared to other times of the year. Naturally, winter sports are more popular in countries with longer winter seasons.

While most winter sports are played outside, ice hockey, speed skating and to some extent bandy have moved indoors starting in the mid-20th century. Indoor ice rinks with artificial ice allow ice skating and hockey to be played in hot climates.

1- **Snowboard cross** : also known as boardercross, is a snowboard competition in which four to six competitors race down a course. Snowboard cross courses are typically quite narrow and include cambered turns, various types of jumps, berms, rollers, drops, steep and flat sections designed to challenge the riders' ability to stay in control while maintaining maximum speed. It is not uncommon for racers to collide with each other mid-race.

"Boardercross Competition". Retrieved 13 November 2014.

Steven Rechtschaffner. "The Very First Ever Boardercross". Retrieved 12 September 2018.

O'Neil, Devon. "X GAMES NIXES SNOWBOARD X". ESPN. Retrieved 16 April 2013.

2- **Snowboarding** : is a recreational activity and Winter Olympic and Paralympic sport that involves descending a snow-covered slope while standing on a snowboard attached to a rider's feet.

The development of snowboarding was inspired by skateboarding, sledding, surfing and skiing. It was developed in the United States in the 1960s, became a Winter Olympic Sport at Nagano in 1998 and eventually was featured in the Winter Paralympics at Sochi in 2014. Its popularity (as measured by equipment sales) in the United States peaked in 2007 and has been in a decline since.